



# Hudson Primary School & Family Wellbeing Centre

## Weekly Newsletter for Families

Friday 28<sup>th</sup> February 2020



### HUDSON SCHOOL NEWS - Headteacher; Niki Craddock

Welcome back to our second spring term! This week has been filled with activity and I know next week is no different either. We started off this week with World War 2 real histories workshops, every class in school has had an opportunity to be immersed in all things WW2 with hands on learning from our WW2 expert Debby Ashby. I hope the children have come home telling you all about their exciting activities and with their Lottery project for VE day which is war time memories - these include prizes - so please do venture to older family members homes and ask your nearest and dearest all about their life experiences during the war. We are now busy getting our ideas together for a Victory in Europe day community tea party! Costumes at the ready ☺

Celebrations assembly today recognised the hard work, full attendance and excellence in behaviour of the school community. Many thanks to all those supporting and attending and also those beautiful children who have made us so very proud and received awards today.

Next week Zoo lab will be coming to Hudson for a visit with Maple class as part of their new Learning Journey, and there will also be a visit out for Y1, 2 and Yew class into Liverpool on an open top bus! Wednesday will be a superb opportunity for you to review your child's development as it is time for our spring family conference. Please remember to come to the front of school office as all meetings are held in the hall (Reception to Y6) or Dining room (Nursery). This also means an early closure of 2pm for collection of children and also no Willow Den afterschool care for any children.

Thursday brings lots of excitement as we celebrate World Book Day! Children can come in costume and I also know classes have invited family members in to read at different times of the day too with their children - so look on Class Dojo and find out more.

Next week work starts on our Early years Outdoors through a grant I was successful with of £2000!

### PREPARE FOR THE WEEK WE RETURN

#### Monday

- 1.30pm swimming for Hazelnut Class and Larch. (Children returning to school)
- 2.50pm Whole school assembly with Mrs Craddock - **Single Use Plastic**

#### Tuesday

- Am Sefton singing project for Chestnut class Y5
- 2.45pm Class council meeting

#### Wednesday

- **Zoo lab visit Hudson for Maple class**
- 2pm early closure for family conference meetings - no willow den!

#### Thursday - **World Book Day** (Children can come in costume)

- PM dance sessions with Lisa Harper
- PM Music lessons
- 2.30pm Whole school assembly with Mrs Whitelaw - World Book Day

#### Friday

- **Visit into Liverpool! Yew class with Years 1 and 2**
- 2.45pm Celebration Assembly with our school team
- 3.30 Football match at Summerhill

## CELEBRATORY NEWS - EVERYONE EXPERIENCES EXCELLENCE...

Friday brings us smiles, and celebrations. This week join our team in giving due praise and recognition to our shining stars of excellence and champions of behaviour.

The children who have stood out exceptionally well for demonstrating aspects from our behaviour charter **for the whole of last term** our very own **Behaviour Charter Champions** are:

**Little Acorns Classes** (Mrs McIntyre, Mrs Spafford & Team): Henry T and Florence W

**Maple Class** (Mrs Kelly, Miss Jones & Team): Emelia H

**Yew Class** (Miss Goodwin & Team): Armaanot S

**Sycamore Class** (Mrs Whitelaw & Team): Nancy L

**Silver birch Class** (Miss Morrissey & Team): Kian Q

**Elder Class** (Mr Roberts & Team): Lexi T

**Oak Class** (Miss Marl and Miss Peters & Team): Logan T

**Chestnut Class** (Mrs Macpherson): Lilly H

**Larch Class** (Mr Murphy & Team): Daniel M

**Hazel Class** (Mrs McNally): Paige M

We can also not forget to mention and give praise to those who have demonstrated **Excellence within their learning, for the whole of last term** our **EEE winners!** Those who have truly excelled and impressed are:

**Little Acorns Classes** (Mrs McIntyre, Mrs Spafford & Team): Ashton A and Romy W

**Maple Class** (Mrs Kelly & Team): George G

**Yew Class** (Miss Goodwin & Team): Mason L

**Sycamore Class** (Mrs Whitelaw & Team): Matthew L

**Silver birch Class** (Miss Morrissey & Team): Sophia Mc

**Elder Class** (Mr Roberts & Team): Lewis T

**Oak Class** (Miss Marl and Miss Peters & Team): Bobby Mc

**Chestnut Class** (Mrs Macpherson): Eva P

**Larch Class** (Mr Murphy & Team): Mark F

**Hazel Class** (Mrs McNally): Charlie GA

Be sure to ask your child to tell you all about the work they have displayed proudly in school and shared today.

**Our Hudson Reading Challenge and EYFS Nursery Rhyme Certification** really helps us to reward those children taking Literature seriously. This is a real challenge and we love to celebrate these achievements throughout the school year. Those who have met the challenge this week are:

**Bronze:** (3N) Phoebe S, Charlie T, Jack M, (R) Ronan H.

**Silver:**(2N) Elliot W, (R) Zack A, Ronan H, (Y1) Nathaniel M, (Y4) Grace W, (Y5) Louis L.

**Gold:** (2N) Emily L, (R) Reuben Mc, Ryan L, (Y1) Scarlet S, (Y4) Logan T, (Y5) Joel H.

Our final reward is our **Kindness Cup**, and this week our ambassador of kindness is Macey Mc in Silver birch class. Macey has had a very kind week going above and beyond to be courteous considering visitors and showing great kindness! Hudson is exceptionally proud of you!

Attendance and Punctuality are high agenda targets of importance for Hudson, we love to celebrate and praise those children who get 100% attendance each half term. Please help your child achieve this and encourage them to get to school on time each day to get the most out of all that is on offer.

## SAFETY NOTICES

Please be aware that the parking outside of school is limited, but we need to be considerate of the neighbours and not park over driveways or on grass verges.

This can be extremely hazardous and you could be fined, it is also causing the residents great stress!

*We are a community school that thrives on building respectful relationships with our community.*

In the Maghull Community pages of social media the school is being badly advertised for careless community parking, please help to eradicate this.



Excellence

Everyone Experiences

**NEWS FROM THE SCHOOL OFFICE TEAM - Administrator; Chris Cook**

**Wednesday** - Family Conferences. School closes at 2pm (NO willow den)

**Trips** - Wednesday Zoo Lab for Maple and Friday Liverpool for Sycamore, Silver birch and Yew. Please make sure any permission slips and payments are in by Monday please.

**Parent App** - If you do not already have the App then please provide me with a current email address which I will then send an invite to. It's now even easier to activate your app. You now only need the Connect Parent App to have a link to Class Dojo and ParentPay.

We have had a few requests asking how parents log back in to the app when they change their phone? Step 1: Download the PA Connect App. Step 2: Press Login and search for your school logo. Step 3: Enter the email and password. This is all they need to do and no new invitations need to be sent out. Parentapps Support

**PGL** - Boreatton Park House, Shropshire. Please check your ParentPay account and check that you are up to date with payments and the relevant forms are filled in. Letters will be sent out soon if you're not up to date. Any difficulties then please let me know.

**Reminder** Just a reminder that the school phone line is not available between 1.00-2.00pm daily. All answer machine messages are picked up at 2.00pm and visitors to school are still welcome during this time.

**PTFA NEWS (registered charity no: 1156873):**

Thank you to everyone who supported the Valentine's Disco, the children all seemed to have a great time and were particularly impressive with their limbo skills! On to this half term though, which brings our annual Easter Bonnet parade, so don't forget to have the children start to think about their creations to be in with a chance of winning our Easter prizes this year.

Our next meeting is on a different day, and time, so if you have any ideas or are interested in helping, put the date in your diary now - Monday 23 March at 4.30pm - when we will be starting to make our preparations for the busy Summer Term.

**CURRICULUM NEWS**

You may have seen in the local press that a number of schools are taking part in a VE Day Project. We are proud to be part of this. This week your child has enjoyed a VE Day Workshop and assembly where they have learnt about what it was like on the home front during WW2 and what happened on VE Day in 1945. Some of the older children will be visiting Crosby library to carry out research on the same topic.

**Every child will be bringing home a VE Day flier.** Please read this and help your child to complete a homework task based on the flier. We need to capture war and VE Day memories of older members of our community, and to uncover Photographs from the time to include in our booklet. Every family and contributor will receive a booklet at the end of the project, in July 2020. We hope that Hudson children will have played a big part in contributing to this booklet. ALL these things are being funded by the Heritage Fund supported by the National Lottery. If you use Face Book, please take a look at our FB Page - VE Day Remembered - and like what you see!



Have a brilliant weekend. Best wishes, Niki Craddock and Team

**School thought for the week:**

**We do not need magic to transform the world. We carry all the power we need inside ourselves already!**

## 1 "JUST ONE BREATH" BREATHING ACTIVITY

- Find a relaxing place, sit comfortably, and set a timer for one minute.
- Breathe deeply in and out while paying attention to any sensations you notice or sounds you hear.
- Take another slow deep breath, imagine the air moving down into the lungs and back up.
- Take one more deep breath and hold for a moment, then release it.



## 2 CREATE A GLITTER JAR

- Finding a jar or plastic bottle and allow your child to decorate it however they like.
- Fill the bottle up 3/4 of the way with water. Next, add clear glue, food coloring, and glitter then shake.
- Seal the lid and you are ready to go.



## 3 HEARTBEAT EXERCISE

- Ask your child to stand up and either jump up and down or do jumping jacks for one minute.
- At the end of that minute, have them place their hand on their heart and pay attention to how their heartbeat and their breathing feels.



## 4 GOING ON A SAFARI

- Go outside on an exciting adventure, try picking up a small rock or touching a plant or flower.
- Notice the bugs or the birds. Take a moment to kneel down and touch the earth.
- Walk mindfully paying close attention to everything. Make sure you walk in silence because you want to notice all those little details.



## 5 TENSE AND RELEASE MUSCLE RELAXATION

- Starting at the feet, gently squeeze the muscles in the feet by tightening them, then slowly releasing.
- Next, squeeze the large muscles in the calves for 5 seconds, then gently release. Working your way up the body, squeeze the thigh muscles for 5 seconds then gently release.
- Continue moving up the body for more relaxation.



Mindful activities for children to try with families at home. These come from the Big Life Journal for Kids