

Hudson Primary School & Family Wellbeing Centre

Weekly Newsletter for Families

Friday 10th January 2020



HUDSON SCHOOL NEWS - Headteacher; Niki Craddock

Welcome back and happy New Year! It already feels like we have been back at school for more than 4 days, everyone has come back with the drive to shake things up and really get motivated. This is a very short first spring term of only 6 weeks but we have so much crammed in to engage children and families into learning and towards the end of the term as we approach Easter there is lots of celebrating and family activities to get involved in too. Please have a good read of the events planner at the end of the newsletter to stay in touch and plan ahead for the events that are coming up such as World Book Day and our performance afternoon. This full term also leads us up to Easter and we have our annual Bonnet parade and Easter Service to host.

The children have reluctantly left Christmas gifts behind this week, so we have rewarded them today with a toy sharing afternoon, it has been lovely to hear them being children and actually playing together with not a bit of technology around them. Thank you for supporting this event today.

The school has a big focus this year on the promotion of positive mental health and wellbeing, there is lots of things going on behind the scenes to provide the very best quality of care for children, families and staff. One element of this from the feedback you provided at the last Family conference (on the stop, start and continue pieces of paper) was the return of the 'Chill room' as somewhere for children to go to talk to an adult in their free time. The children through the school and class council system have also requested this, so with this in mind we have developed school mentors. These are available at break and will be seen on the playground daily, there will then also be open mentor sessions and play based sharing time during 3 lunch times each week in the hall (to cater for the number of children requesting this). We know this will have a significant impact on many children. Look out for our mentor adverts and ask your children all about it as we will be launching this next week!

PREPARE FOR THE WEEK AHEAD

Monday

- 1.30pm swimming for Hazelnut Class. (Children returning to school)
- 2.50pm Whole school assembly with Mrs Craddock - Setting Goals

Tuesday

- 2.40pm School council meeting with Mrs Craddock

Wednesday

- Quarry Bank Mill visit for Hazelnut
- 2.50pm Whole school singing assembly with Mrs Macpherson
- 5pm Marketing Team meeting
- 6pm Performance and Scrutiny Governors meeting

Thursday

- PM dance sessions with Lisa Harper
- PM Music lessons
- 2.30pm Whole school singing assembly with Mrs Whitelaw - Sharing Jack and The Beanstalk themed writing

Friday

- 2.30pm Special Assembly to reward and recognise achievements from Autumn term - invites will be sent out via Class dojo to families.

CELEBRATORY NEWS - EVERYONE EXPERIENCES EXCELLENCE...

Friday brings us smiles, and celebrations. This week join our team in giving due praise and recognition to our shining stars of excellence and champions of behaviour.

The children who have stood out exceptionally well for demonstrating aspects from our behaviour charter, our very own **Behaviour Charter Champions** are:

Little Acorns Classes (Mrs McIntyre, Mrs Spafford & Team): Layla P and Caitlen R

Maple Class (Mrs Kelly, Miss Jones & Team): Emily B

Yew Class (Miss Goodwin & Team): Luke W

Sycamore Class (Mrs Whitelaw & Team): Lilliemae C

Silver birch Class (Miss Morrissey & Team): Lucas S

Elder Class (Mr Roberts & Team): Jackson R

Oak Class (Miss Marl and Miss Peters & Team): Ethan R

Chestnut Class (Mrs Macpherson): Aws A-K

Larch Class (Mr Murphy & Team): Oliver D

Hazel Class (Mrs McNally): Evie S

We can also not forget to mention and give praise to those who have demonstrated **Excellence within their learning our EEE winners!** Those who have truly excelled and impressed are:

Maple Class (Mrs Kelly, Miss Jones & Team): Scarlet B

Yew Class (Miss Goodwin & Team): Thomas H

Sycamore Class (Mrs Whitelaw & Team): Joseph R

Silver birch Class (Miss Morrissey & Team): Joseph A

Elder Class (Mr Roberts & Team): Jack P

Oak Class (Miss Marl and Miss Peters & Team): Charlie K

Chestnut Class (Mrs Macpherson): Louis L

Larch Class (Mr Murphy & Team): Mark F

Hazel Class (Mrs McNally): Charlie S

Be sure to ask your child to tell you all about the work they have displayed proudly in school and shared today.

Our Hudson Reading Challenge Certificate really helps us to reward those children taking Literature seriously. This is a real challenge and we love to celebrate these achievements throughout the school year. Those who have met the challenge this week are:

Bronze - Frankie J (Y5) and Scarlett S (Y1)

Silver - Martha G (Y4) and Frankie J (Y5)

Gold - None Yet!

Our final reward is our **Kindness Cup**, and this week our ambassador of kindness is

Mrs Scott, who worked incredibly hard to create her own Christmas Market stall and then kindly donated profits back to school. Hudson is so incredibly proud of you!

Attendance and Punctuality are high agenda targets of importance for Hudson, we love to celebrate and praise those children who get 100% attendance each half term. Please help your child achieve this and encourage them to get to school on time each day to get the most out of all that is on offer. **Letters will be coming home about notices for families who have now dropped below expected levels with notice to improve by the end of the half term.**

SAFETY NOTICES

Please be aware that the parking outside of school is limited, but we need to be considerate of the neighbours and not park over driveways or on grass verges.

This can be extremely hazardous and you could be fined, it is also causing the residents great stress!

We are a community school that thrives on building respectful relationships with our community.

In the Maghull Community pages of social media the school is being badly advertised for careless community parking, please help to eradicate this.

NEWS FROM THE SCHOOL OFFICE TEAM - Administrator; Chris Cook

Parent App - If you do not already have the App then please provide me with a current email address which I will then send an invite to. It's now even easier to activate your app. You now only need the Connect Parent App to have a link to Class Dojo and ParentPay.

Reminder Just a reminder that the school phone line is not available between 1.00-2.00pm daily. All answer machine messages are picked up at 2.00pm and visitors to school are still welcome during this time.

Quarrybank Mill for 5/6 is next Wednesday so please make sure your permission slip and payments are in.

Hudson university Clubs - Unfortunately we have had a few technical issues today so the club letters will be out on Monday with confirmation letters out on Friday 17th January.

Universal free school meals - Children entitled to these free school meals are in reception, Y1 and Yr2. If your child currently does not have a free school meal but may like to at some point this year could you please let me know by next Tuesday even if it's a possibility. It's easier to remove them off dinners than to add children on at a after this date.

Family Wellbeing Service; School and Family Services Manager; Kelly Herron

NEW FOR JAN: We are working with Sefton Community Learning Service to promote 'A parent's guide to supporting children's positive behaviour' Tuesday 14.01.20 & 21.01.20 FREE!!!! Here at the centre. Shirley McClenaghan is taking names now (as places are limited) Please give us a call or drop in to book your place!

PTFA News; Secretary Vicki Garside (registered charity no: 1156873):

Happy New Year everyone! Just a quick thank you for all your support in the run up to the Christmas period, we understand that this is a difficult time with so much going on, but thanks to your support we managed to raise a grand total of £1,444.52. Included in this total was £210 from the raffle, with thanks again to Allannah Grindley's nan for her kind donation of the handmade reindeer. Have a lovely weekend.

PERFORMING ARTS NEWS

Wow, what a morning we had on the last day before Christmas with our "Snowbusiness" show! We had over 40 children performing on our Hudson stage, from our youngest to our oldest and everyone inbetween. Singing, dancing, comedy, we had everything but our winners on the day were our boy band consisting of Dylan (singing), Frankie (on guitar) and Oliver (on the drums)! All our performers were amazing, and showed such confidence in front of their friends, we look forward to seeing some, if not all of them, in our Summer Show and Hudson's Got Talent. Well done everyone!

Have a fantastic weekend. Best wishes, Niki Craddock and Team



School thought for the week:

Kindness costs nothing but means everything



Associated Merseyside Partnership SCITT



Excellence

Everyone Experiences

READY TO LEARN EVERY DAY!

In today's society, almost everyone faces stress at some point. Children can pick up on this stress and also feel pressure to 'follow the crowd'. This leaflet suggests ways to keep your child happy, healthy and safe, and we hope it will also provide a starting point for you to talk to them about wellbeing.

FIVE WAYS TO WELLBEING

INTRODUCE THESE FIVE SIMPLE STRATEGIES INTO YOUR LIFE & YOU WILL FEEL THE BENEFITS



TALK & LISTEN,
BE THERE, FEEL CONNECTED

- Tell your child that you love them every day
- When things are difficult help your child to see it as part of life and learning and that it happens to all of us - share your own stories to show that you have had similar feelings and experiences
- Teach your child not to give up and to keep trying
- Listen to your child and show them you value their views and opinions



YOUR TIME,
YOUR WORDS,
YOUR PRESENCE

- Praise your child's effort as well as their achievements - for example, telling them they've done well for trying hard
- It's okay to make mistakes, and let your child know this - it builds resilience & provides them with important learning opportunities
- If your child does something wrong, tell them, but focus on their action and how to do better next time



REMEMBER THE SIMPLE THINGS
THAT GIVE YOU JOY

- Encourage your child to notice & enjoy the simple things in life: a 'good morning', a smile that's returned, a 'please' & 'thank you', kindness to others, a cuddle from a loved one, getting lost in a good book, feeling the wind in your hair & the sun on your face, laughing until you cry, the beauty of nature, dancing or singing to your favourite song like no one's watching, jumping in puddles...



EMBRACE NEW EXPERIENCES,
SEE OPPORTUNITIES,
SURPRISE YOURSELF

- Encourage your child to take risks and fail - tough times can help us develop the skills and resilience that will last a lifetime.
- Encourage your child to try a variety of foods and dishes from around the world

- Encourage your child to have at least one hobby involving exercise, such as dance, swimming or football



DO WHAT YOU CAN,
ENJOY WHAT YOU DO.
MOVE YOUR MOOD

- Support your child to exercise vigorously for at least 30 minutes each day
- Get out and about as a family; play tig in the park, go for a bike ride or a walk in the woods - it's more fun to do things as a family
- Help your child to understand about a balanced diet and the importance of eating fruit and vegetables to keep them fit and healthy
- Let your child help when you bake and prepare family meals; it will help them understand about food and encourage them to be creative